## **LUDLOW PRIMARY SCHOOL**

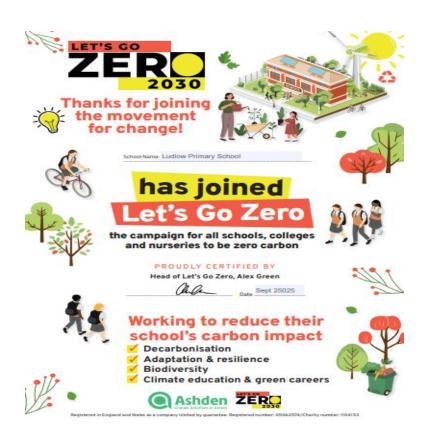


### **NEWSLETTER**



24.10.25

01584 873602



We are proud to be part of the Let's Go Zero campaign, working with a dedicated Climate Action Advisor to create a Climate Action Plan and embed sustainability into every aspect of school life.

We are committed to becoming a zero-carbon school by 2030.

#### Contacting Teachers and Senior Leaders

If any parent has a concern to raise with a teacher or senior leader, we respectfully ask this is done via the school office or admin email - admin@ludlowprimaryschool.co.uk and not Dojo or individual email addresses.

This will enable your query to be dealt with more effectively and efficiently.

Thank you



### **TOGETHERNESS**



An update on

# WELLBEING FOR EVERY SCHOOL PARENT

Your NHS learning space created by psychologists

https://togetherness.co.uk/

As the new term is now well and truly underway, we're delighted to share some helpful resources for parents experiencing all the big emotions of growing children.

Togetherness is the new face of inourplace, the NHS emotional health digital learning hub funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships. To find out more about the free online courses please visit

Free wellbeing online courses in Shropshire and Telford & Wrekin – inourplace

#### Head Lice

We have had reports of head lice at our Clee View site. Please check your child's hair regularly and treat accordingly.

#### Thank you

#### **Parking**

Please be considerate when parking near school, at all times.

We have been made aware of people parking in dangerous places and on the zig zags, making car park entry and exit difficult. The road outside Clee View was blocked recently, when a member of staff needed to be taken to hospital.

Emergency services must also be able to access both sites if required.

The local policing team have been made aware and will be making patrols at both sites.

Thank you for your help in this matter.

#### Contact via Dojo

If you have concerns about any incident in school which involves your child, please do not message class TAs through Dojo or by any other means. Please direct all queries to the class teacher.

Please do not message outside of normal office hours, as staff do not receive notifications in the evenings or at weekends.

#### Thank you

#### Secondary Application deadline – 31 October 2025

The closing date for secondary applications is <u>31 October 2025</u> which falls in the half-term holidays. If you have not already done so, we encourage you to submit an application as soon as possible but before the deadline date. This will ensure that if you encounter any problems, you can be supported/helped and to submit your application on time. <u>There is no grace period for late applications</u>. The link for the website is – <u>Transferring to secondary school | Shropshire Council</u>

The School Admissions Team strongly encourage parents to make use of their four preferences. Please see the Parents' Guide to Education in Shropshire Booklet for further information. The link to the document is Parents' guide to education | Shropshire Council

If you have already made an application and wish to add additional preferences/ change the order of preference, please contact <a href="mailto:school-admissions@shropshire.gov.uk">school-admissions@shropshire.gov.uk</a>



Our driver Healthy Body, Healthy Mind means that one of the things that we promote is having a balanced diet, rich in essential nutrients and therefore as a school a healthy lunchbox is important to us.

#### What should be in a healthy lunchbox?

Eating a healthy, balanced lunch is vital for ensuring children have the right nutrients and enough energy to see them through the school day, however, achieving this balance is not always as easy as it sounds. The key to a healthy packed lunch is variety and getting the right balance of foods to provide children with all of the nutrients they need to stay healthy. A packed lunch made at home can be a healthy and delicious choice and gives a parent or carer control over the foods and ingredients included.

These should be based upon the principles of the Eatwell Guide, encouraging a lunchbox to contain:

- · a starchy food, e.g. potatoes, bread, rice, pasta
- · plenty of fruit and vegetables, e.g. carrot sticks, an apple, sliced cucumber
- · a source of protein, e.g. beans, pulses, egg, fish, meat
- · a healthy drink, e.g. water, semi-skimmed milk.

As a healthier lunchbox school, we suggest to parents/carers that foods high in fat, salt and sugars should not be included (such as crisps, confectionary and sugar-containing carbonated drinks).

There are lots of websites regarding lunchbox ideas and recipes. Here's a link to one of them: Lunchbox ideas and recipes – Healthier Families - NHS



EYFS/KS1 Site:

Sandpits Rd, Ludlow, Shropshire SY8 1HG

KS2 Site:

Clee View, Ludlow Shropshire SY8 1HX

Telephone: 01584 873602

Email: admin@ludlowprimaryschool.co.uk Website: www.ludlowprimaryschool.co.uk

2025

PD days: Monday 1st & Tuesday 2nd September 2025

Autumn term starts: Wednesday 3<sup>rd</sup> September 2025

Half term: Monday 27th October 2025 - Friday 31st October 2025

Autumn term ends: Friday 19th December 2025

2026

PD day: Monday 5<sup>th</sup> January 2026

Spring term starts: Tuesday 6th January 2026

Half term: Monday 16th February 2026 - Friday 20th February 2026

Spring term ends: Friday 27th March 2026

Summer term starts: Monday 13th April 2026

Bank holiday: Monday 4th May 2026

Half term: Monday 25th May 2026 - Friday 29th May 2026

Summer term ends: Thursday 16th July 2026

As you will be aware, we are not able to authorise holidays in term time due to government legislation introduced in 2013. Please note that other schools in the area may have different dates as schools have the flexibility to plan their own PD days. This information will also be on our website.

#### Dates for your Diary 2025 - 2026

Monday 3rd November - All children return to school

Thursday 5th November - Basketball KS2 Church Stretton

Thursday 6th November - Tempest siblings and individual photos both sites

Thursday 6<sup>th</sup> November - KS1- Bedtime Stories (Sandpits Road)

Monday 10th November - Odd Socks Day - Anti bullying week

Wednesday 12th November to 14th November - Yr4 Malvern Residential

Wednesday 12th November - Yr 6 Height & Weight screening.

Friday 14th November - Reception Classes to Queenswood

Tuesday 18th November - Yr 3 Rocks and fossils workshop

Wednesday 10th December - Christmas Lunch and Christmas Jumper Day

Tuesday 16th December - Yr 2&5 Christmas performance, St Laurence's Church

Thursday 18th December - Robins & Ash classes - Pantomime Ludlow Assembly Rooms

Friday 19th December - Wrens & Oak classes - Pantomime Ludlow Assembly Rooms

Friday 19th December - Break for Christmas

Monday 5<sup>th</sup> January - PD Day (Staff only)

Tuesday 6th January - All children return to school