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| Write down 3 wishes for next year and explain why you have chosen them. | Discuss which celebrity you would like to be your teacher and explain why. Maybe draw a picture to show what a lesson with them may look like. | Super movers videos. https://www.bbc.co.uk/teach/supermovers | Go on an interactive expedition of the 'Great Barrier Reef' with David Attenborough https://attenboroughsreef.com/ | Party planning! Can you plan your own little celebration/end of year party at your home? You could plan a ridiculous one or a simple one... the choice is yours! |
| Describe your favourite memory from your time in Year 3/4 | 'Goals for next year' bunting | Get creative! Draw, paint, colour-in. Have fun and relax whilst doing this activity. | Yoga and relaxation session! | Meditation and mindfulness strategies https://www.youtube.com/watch?time_continue=7&v=Wsy2L9VvX90&feature=emb%20logo |
| Make a 'calming mood jar' https://www.bbc.co.uk/cbbc/thingstodo/mood-jar | Illustrate your work for describing your favourite memory from this year | Design a 'worry monster' and write around it the different feelings that you have when thinking about 'next year'. | Play a board game or create one of your own. Think carefully about the instructions! | Create your own 'Joe Wick's style' work out and try to film yourself. Pretend that you are teaching other people what to do and explaining how to do it. |
| A-Z hunt - Write the alphabet down the left hand side of a piece of paper. Run around your home and try to | Make an 'Origami frog' https://www.youtube.com/watch?time_c | Write a poem about your time in Year 3 | Close your eyes and think about next year. How do you feel? Do | Use random objects from around your home to try to make a 3D model or a portrait of yourself |

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| <p>find an item that begins with each letter of the alphabet.</p> | <p>ontinue=92&v =fMyrKeF91c& feature=emb_l σγ σ</p> | | <p>you feel anything change in your body when you think about it? It is normal to feel many different emotions. Try to paint or draw your feelings. Think about the colours and the movements which you may make.</p> | |
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Table key:

Remembering this year

Moving into next year

Just for fun

Active Calming